


# Sexual Assault



**1 in 6 women and  
1 in 33 men will be  
sexually assaulted  
in their lifetime**

## Myths & Facts

**Myth:** *Rape is a sexual crime.*

**Fact:** *Sexual Assault is a violent assault acted out in a sexual way. It violates not only the victims' bodies, but their integrity, safety and right to control their lives.*

**Myth:** *Rapists are creepy-looking men who hang out in dark alleys.*

**Fact:** *In 75% of sexual assaults, the attacker is someone the victim knows, including a friend, spouse or relative.*

**Myth:** *Sexual Assault of males is rare.*

**Fact:** *Males and females are both vulnerable to sexual assault. Males are less likely to report or talk about sexual assault.*

### What is Sexual Assault?

- A crime of violence where sex is the means of assault.
- Any forced, unwanted and nonconsensual contact or activity, including touching, kissing, exhibitionism and intercourse.
- A brutally destructive attack on the victim's sense of personal integrity and competence.

### Where does Sexual Assault take place?

About 75 percent of sexual assaults occur at home or in a vehicle, and the attacker is most likely someone the victim knows.

### Who are the Victims of Sexual Assault?

- Anyone, regardless of sex, race, class, religion, occupation or physical appearance.
- Most reported sexual assault occur to women between the ages of 14 and 25.

### What are the effects experienced by victims of Sexual Assault?

- A state that resembles acute grief because of severe psychological loss.
- The loss of confidence, wholeness, strength, trust and self-control.
- Feelings of powerlessness.

### Staying Safe on Campus

- Always let people know where you are and where you are going.
- Know where emergency phones are located.
- If you have a cell phone, have it easily accessible at all times.
- Use campus security escorts or arrange to walk with friends.
- Call police to report suspicious activity or suspicious people.

### If you or someone know you has been Assaulted:

- Seek medical attention at a hospital as soon as possible.
- Report the assault to VC PD
- Look for safety and support.
- Call a trusted friend.
- Call the rape crisis hotline.
- Talk to a college counselor who can help you deal with your feelings and help you heal emotionally.

## Who to Call for Help

**Vernon College (940) 552-6291**

*VC Dean of Student Services*

Vernon ext. 2250 / WF ext. 3333

*VC Student Services*

Vernon ext. 2278 / WF ext. 3206

*VC Police Dept.*

Vernon ext. 2272 / WF ext. 3207

*Vernon Police Dept.*

(940) 553-3311

*Wichita Falls Police Dept.*

(940) 720-5000

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